Male pattern hair loss or baldness in men is known as androgenetic alopecia. It is a very common cause of hair fall in men. Practically 90-95% of all cases of noticeable hair loss in men are due to male pattern baldness.

Some men start experiencing hair loss when they are only 20 years of age, by the age of thirty-five, such men experience some degree of marked hair loss. By the age of forty-fifty they suffer from significant thinning of hair, hair fall, and bald spots on particular parts of the head.

Lots of men feel frustration and some distress due to hair loss and the changes in their appearance. So, men today try to find various methods of hair loss restoration and treatment.

Experts in hair health strongly recommend visiting a doctor (trichologist or dermatologist) who can identify the cause of the problem, adjust special tests and treatments.

Males, who suffer from androgenetic alopecia, inherit this condition and have hair follicles with a genetic sensitivity to dihydrotestosterone (DHT). Hair follicles of these men are too sensitive to DHT and thus begin to get thinner, weaker and finally stop producing hair.

The common feature, that practically all men with alopecia have, is receding hair line on the mid-anterior scalp, crown - top of the scalp. The hair on these parts is very sensitive to DHT and start falling earlier than other hair.

Testosterone produces its by-product dihydrotestosterone (DHT) by the influence of special enzyme type II 5-alpha-reductase. As hair follicles in such men are sensitive to DHT, they begin to miniaturize and fall. The interfering in the process of testosterone conversion to DHT can prevent hair loss in men.

The use of medicine known as Propecia can help stop hair loss and regrow the hair again. Propecia contains Finasteride - 5-alpha-reductase inhibitor that can prevent the baldness and restore normal hair density.

This hair loss medical treatment is approved by the FDA and recommended by experts in hair loss.
Finasteride is the generic name for the brand name Propecia. It is available in the dosage of 1mg tablets of finasteride for the treatment of androgenic alopecia in men.

Propecia is effective in the treatment of male pattern baldness in the majority of men. The medicine will work only under conditions of proper use: taking it daily for a long term. Unfortunately, if Propecia is stopped, the effect will soon disappear and the hair will fall again. It is because the action of the medicine against DHT is discontinued. So, the administration of Propecia demands long-term or life-long use.

Lots of hair loss experts recommend finasteride as the first line treatment for men with inherited male pattern baldness. The men chosen for the therapy should be examined to exclude those who cannot use this medicine safely.

Propecia is generally well tolerated, but the side effects can occur. As the medicine is used for a long period of time, the appearance of side effects should be discussed with a doctor. Some side effects may become reasons to discontinue the therapy.